

Rui José Gomes de Pinho Santiago



Personal Data:

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Employment History

- Since 10/2016 **Lecturer in Instituto Piaget, V.N.Gaia. Osteopathy Degree.** Lecturing the subjects of History and Development of Osteopathy, Osteopathic methods of Function and Structure and Methods and Techniques for Assessment and Treatment in Osteopathy 1 and 2.
- 11/2014 : 10/2016 **Collaboration with Universidade Franca, São Paulo, Brazil,** in developing **studies using PAS**, co-author, part of doctorate project of student of this institution.
- 12/2012 : 05/2014 **External Supervisor** in Osteopathy **dissertation using PAS** at the **BSO – British School of Osteopathy, London, UK.**
- 05/2013 : 12/2013 **Lecturer in Post-Graduate Course in Osteopathy** for **Escola Universitária Vasco da Gama, Coimbra.**
- 10/2012 : 01/2017 **Lecturer in Osteopathy for ITS Porto,** Osteopathy course.
- Since 10/2011 **Professional Trainer in Manual Therapy for SIMAC Porto and Lisbon / Centro Osteopático de Lisboa –** Designed courses: Miofascial lines of force (4 months), Manual Therapy (10 months), Manual Therapy II - Neurology (2 months)
- Since 10/2011 **Lecturer in Osteopathy for IMT Porto,** Osteopathy. Clinic Tutor.
- Since 07/2011 **Registered Osteopath with the GOsC (General Osteopathic Council), number 8004 until 2016. Now registered with ACSS and ERS in Portugal. Working in own practice,** collaborates with other practices. **Software development - PAS (Postural Awareness Software)** for osteopaths and patients. **Private and Tailored Tuition for Osteopaths.**
- 10/2009 : 06/2011 Working at the **St. Clements Osteopathy & Massage, Oxford, UK.**
- 09/2005 : 08/2009 **Working as a Massotherapist** in own practice, Gaia, Portugal.
- 05/2006 : 06/2006 **Internship as a Rehabilitation therapist** at Clinica Central de Gaia, Maximum Grade obtained.
- 03/2002 : 08/2005 **Software developer of management, control and GSM communications application** using Visual C++, VB 6.0, C++ 6.0 and C # in .NET technology for **Proteres - Sistemas electrónicos, Lda.** Participation in several development and implementation projects in partnership with Lactogal, Nestle, Optimus, DeltaGás and others.
- 03/2002 : 07/2002 **Professional trainer for web authoring applications for IPFEL.** It included the following modules: HTML, JavaScript, Photoshop, Flash, Dreamweaver, FTP's, etc. Creation and management of Websites.

Education

Since 01/2017	PhD Programme – Occupational Health and Safety in Universidade do Porto, Porto, Portugal.
09/2013 : 07/2014	PgCertACE - Postgraduate Certificate in Academic and Clinical Education at the British School of Osteopathy, London, UK. Final Grade: B. ECTS Credits : 60.
09/2006 : 07/2011	Bsc (Hons) Osteopathy by Oxford Brookes University. Oxford, UK. Final Grade: 2:1 – Upper Second Class. ECTS Credits : 240.
09/1996 : 07/2001	BEng in Automation and Control Engineering by Universidade Moderna Porto, Porto, Portugal, Average grade obtained: 14/20. ECTS Credits : 300.
09/1992 : 07/1995	Technical Course in Computer Sciences at Colégio Internato dos Carvalhos. V.N. Gaia. Portugal. Average grade obtained: 12/20.

Professional Training

10/2016	BSO – British School of Osteopathy, London, UK, 7h – Advanced Ergonomics .
01-03/2016	Osteoform, Porto, 44h – Mobilization of the Nervous System .
07/2015	Osteoform, Porto, 14h – Osteopathic Gynecology .
06/2014	BSO – British School of Osteopathy, London, UK, 7h – Still Technique .
01/2013	University College London – Healthy Performers, London, UK, 7h. How to Treat the Performing Artist . No assessment.
01/2013	BSO – British School of Osteopathy, London, UK, 7h – Functional Active Rehabilitation . No assessment.
09/2012	CPD - Gateway, London, UK, 8h. Foot and Ankle Symposium for Adults and Children with orthopaedic surgeons. No assessment.
02/2011	BSO – British School of Osteopathy, London, UK, 6h – Ergonomics for Osteopaths . Course recognized by IEHF (Institute of Ergonomics & Human Factors). No assessment.
11/2010	CPDO – Centre for Professional Development in Osteopathy, London, UK, 14h – Integrative osteopathic technique, SIJ, pelvis and LEX with Prof. Laurie Hartman . No assessment.
01/2010	CPDO – Centre for Professional Development in Osteopathy, London, UK, 14h – Basic Visceral: The Abdomen . No assessment.
10/2005 : 12/2006	IMT – Instituto Medicina Tradicional, Porto, 288h - Massotherapy , final grade 17/20.
09/2005 : 06/2006	Sindicato Nacional Massagistas Recuperação e Cinesioterapeutas, Porto, 765h – Rehabilitation massage course , final grade 17/20 .
12/2004	Nathug, Lousã – Weekend Workshop on Shiatsu and Tui-ná massage . No assessment.
10/2002 : 07/2003	Instituto Português de Naturologia, Porto, 250h – Shiatsu Course , final grade of 16/20.

Presentations and Publications

Santiago, R. **The use of Surface Electromyography for Manual Therapy: A Systematic Review**. 2nd Doctoral Congress in Engineering, FEUP, Porto, Portugal 8-9 June 2017.

Rodrigues, VC., Santiago, RJ, Rodrigues GF, Quemelo, PR. **Influence of Break Software in the symptoms of osteo-muscular problems in office workers**. *ConScientiae Saúde* (2017), 16(1):116-123.

Language Skills

Portuguese: Native.

English: *First Certificate in English* by Cambridge University, UK. Final Grade: Good. High performance in speaking and reading. Lived in Oxford, UK for 5 years 2006-2011.

Spanish: Basic at written level. Fluent at the spoken level.

Interests and Other Activities

Travel: Passion for travelling and meeting other people and cultures.

Culture: Co-organizer and co-founder of the on-line community with social and cultural purposes with the objective of integrating international individuals living in the city of Porto – Porto Internationals.

Sports: Regular practice of jogging, cycling and swimming.

Arts: Reading, music and cinema.
